

DIABETES

Classes

UHGMC & UHCMC

Call Kellie McGinnis RN at **440 593 0364**

Lori Slimmer RN, Med, CDE, at **440 998 0680**

Meter and test strips supplied free of charge at classes throughout the year. Physician order not required. One on One Classes can be scheduled at any time at your convenience.

ACMC-Diabetes Self-Management Education/ Training Physician order required for small group or individual sessions by appointment days, evenings and occasional weekends. For your support, family and friends are always welcome to attend with you. Additional **Free** health self-management support programs are offered at various times and locations. **For information or to schedule call 440-994-7598 or email Diabetes@ACMCHHealth.org**

Dietary

Classes provided one on one for free with prescription from UH physicians

Contact Shawn Cooper at **440 415 0102**

Classes at Ashtabula County Medical Center are also available.

ACMC 440-994-7598
