

## **ASHTABULA CITY:**

### **Ashtabula Family Roller Den**

**Address:** 2255 West Ave. Ashtabula, Ohio 44004  
**Email Address:** rollerden@roadrunner.com  
**Website:** <http://www.rollerden.net>  
**Phone Number:** (440) 964-9199 or (440) 964-8200  
**Venue of Exercise:** Roller skating and jungle gym

### **The Chalk Box Gymnastics & Aerobics**

**Address:** 5521 Main Ave, Ashtabula, Ohio 44004  
**Website:** [www.chalkboxgymnastics.com](http://www.chalkboxgymnastics.com)  
**Phone Number:** (440) 992-9619  
**Venue of Exercise:** Fees are charged for all classes. Classes available: Gymnastics, Tae Kwon Do, Dance, Fitness, Kick Fit, Zumba, Aerobics

### **Wellness and Total Learning Center**

**Address:** 715 West 30<sup>th</sup> Street Ashtabula, Ohio 44004  
**Email Address:** [wtlc@ncp.net](mailto:wtlc@ncp.net)  
**Phone Number:** (440) 997-5353  
**Venue of Exercise:** Yoga and Tai-Chi

### **YMCA**

**Address:** 263 West Prospect Rd. Ashtabula, Ohio 44004  
**Website:** <http://www.ashtabulaymca.org>  
**Phone Number:** (440) 997-5321 Contact for fees.  
**Venue of Exercise:** Healthy Living Classes, Pool and Gymnasium, and Group exercise programs (Core Strength classes, Group cycling, Zumbatomic, Step, Tai chi, Zumba, Kettle ball, Pilates, Silver Sneakers, Cardio Sculpt and Beach yoga.

### **Premiere Fitness**

**Address:** 2231 Lake Ave.  
**Website:** <http://www.premierefitness.com>  
**Phone Number:** (440) 998-3488  
**Venue of Exercise:** Yoga, Pilates, Zumba, Kid Fit, Indoor Cycle, Silver sneakers Chair Yoga, Equipment Orientation, Beach Boot Camp, and Power up.

## **Walnut Beach**

**Address:** 1645 Walnut Beach

**Website:** <http://www.cityofashtabula.com>

**Phone Number:** (440) 992-7103

**Venue of Exercise:** Bocce Courts, skate park, nature trail, tennis courts, playground and beach

## **Smith Field**

**Address:** 1550 West 19 Street Ashtabula, Ohio 44004

**Website:** <http://www.cityofashtabula.com>

**Phone Number:** (440) 992-7103

**Venue of Exercise:** Walking track and baseball field

## **East 48<sup>th</sup> St. Park**

**Address:** East 48<sup>th</sup> Street, Ashtabula, Ohio 44004

**Website:** <http://www.cityofashtabula.com>

**Phone Number:** (440) 992-7103

**Venue of Exercise:** Playground

## **West 38<sup>th</sup> St Park**

**Address:** West 38<sup>th</sup> Street Ashtabula, Ohio 44004

**Website:** <http://www.cityofashtabula.com>

**Phone Number:** (440) 992-7103

**Venue of Exercise:** Playground and basketball hoops

## **Frank A. Nappi Field**

**Address:** West 11<sup>th</sup> Street Ashtabula, Ohio

**Website:** <http://www.cityofashtabula.com>

**Phone Number:** (440) 992-7103

**Venue of Exercise:** Baseball Field and Playground

## **Massucci Memorial Field**

**Address:** Columbus Ave. Ashtabula, Ohio 44004

**Website:** <http://www.cityofashtabula.com>

**Phone Number:** (440) 992-7103

**Venue of Exercise:** Baseball and Football field