ASHTABULA COUNTY COMMUNITY HEALTH IMPROVEMENT PLAN

CHIP QUARTERLY REPORT-Q2 2023

Prepared by

Quarterly Review Process
Structure

The goal of the quarterly report is to allow CHIP participants, health department stakeholders, boards of health, district advisory councils, our communities and the public see the agency's impact by reviewing its performance. These documents give insight into the agency's work throughout the previous quarter and will be posted to the ACHD website and social media, as well as partner sites.

During Q2, Priority Teams met regularly to evaluate progress, consider adjustments, and create action steps.

The **Healthy Ashtabula County** Instagram was launched, and Ashtabula County Health Department's new and improved website is up and running featuring CHIP and HAC features.

Each year, an annual review of the CHIP will be completed and posted in the Administration section of **Community Health Improvement Plan (CHIP) – Ashtabula County Health Department** and distributed on the ACHD Facebook page.

CLAS IN THE COMMUNITY: EMPLOYING INDIVIDUALS WITH LIVED EXPERIENCE WHO REPRESENT THE COMMUNITIES SERVED BY ASHTABULA COUNTY HEALTH DEPARTMENT-AND OTHER ORGANIZATIONS LISTED BELOW-REDUCES STIGMA AND EMPOWERS COMMUNITIES

Culturally & Linguistically Appropriate Services "CLAS"

CHIP Overview
QI2 2023 Summary

Achievements:
We continue making strides in the areas of concern facing our county: Obesity; Anxiety & Depression Prevention & Treatment; and Access to Care. The Priority Teams meet regularly and communicate frequently and forge new partnerships to address these challenges. Obesity Highlights:" releasing "This Week in Healthy Ashtabula County" schedule on our social media platforms, our group is promoting events that include free and reduced priced healthy activities for residents of all ages…" more in Obesity Report| Anxiety & Depression Highlights: work on Anti-Stigma campaign education and awareness is going strong…see more in Anxiety & Depression Report| Access to Care Highlights: Remote Area Medical data report...see more in Access to Care Report.

Challenges: Transportation; interest and participation in events and programs; food deserts.

Goals for Q2 2023:
Each team is accountable to their timelines and workplans and this CHIP cycle will be on track to meeting their objectives.

2023 Q2 Participants:

Anchor of Hope
Ashtabula County Health Department
Ashtabula County Board of Health
Ashtabula City Health Department
Conneaut City Health Department
Ashtabula County Commissioners
Ashtabula County Educational Service Center
Ashtabula County Medical Center
Ashtabula County Mental Health & Recovery Services Board
Ashtabula County Metroparks
Brightview Health
Community Action Agency
Community Counseling Center
Kent State University - Ashtabula
Lake Area Recovery Center
Leadership Ashtabula County
Northwest Ambulance District
Substance Abuse Leadership Team (S.A.L.T.)
Signature Health
Signature Health/Family Planning
University Hospitals

Work Plans & Q2 2023 Updates

<u>Depression & Anxiety Treatment & Prevention</u>

Prevent and promote treatment of depression and anxiety across the lifespan

Consideration of social determinants of health or health inequities and vulnerable populations: The work group discussed social isolation, poverty, and lack of prison re-entry programs as social factors that contribute to substance abuse and addiction. This is especially true for low SES residents, while it was noted that mental health issues, including depression and anxiety are non-discriminatory spanning across SES groups.

Indicator(s) to measure impact:
- % of youth, ages 18-34, who experienced a major depressive episode within the past year (35%; 2022 CHNA)
- % of adults, ages 18 and older, who have every been diagnosed with a depressive disorder (Baseline: 20%; 2022 CHNA)
- # of deaths due to unintentional drug overdose (Baseline: 105 deaths; 2019 data, as cited in 2022 CHNA)

Objective 1: By 2026, implement an anti-stigma mental health awareness, informational and educational campaign.

Strategies	Timeline	Partners
Form a workgroup to address causes/stigmas preventing individuals from seeking care based on the results of our Rural County Stigma Survey completed in November 2021.	1/31/23	MHRSB, Lake Area Recovery Center, Signature Health, Ashtabula County Juvenile Court, ACCAA, Ashtabula County Educational Service Center, Community Counseling Center, Lake Erie Correctional, HDAC, and University Hospitals
Engage with those with lived experience/impacted/special populations who do not seek care due to stigma to develop several anti-stigma messages/slogans/phrases.	4/28/23	
Integrate anti-stigma messages/slogans/phrases into promotional messages (e.g., social media, billboards, videos/PSAs, etc.) into Healthy Ashtabula County's campaign.	5/31/23	
Implement anti-stigma campaign using multiple modes (e.g., social media, web, PSAs, billboards, etc.) to the public and targeting healthcare and criminal justice settings and circulate anti-stigma materials in healthcare and workplace settings. * (p)	6/30/23-12/31/25	

Objective 2: By 2026, enhance linkage to treatment for engagement and retention from hospitals to treatment providers. HP2030

Strategies	Timeline	Partners
Develop strategies to embed linkages to behavioral health care treatment and retention from hospitals to treatment providers. ✓	12/31/24	MHRSB, Lake Area Recovery Center, Signature Health, ACCAA, Ashtabula County Educational Service Center, Community Counseling Center, HDAC, and University Hospitals
Work with hospitals and treatment providers to embed linkages (implement the strategies developed), including implementing the HRSA RCORP grant focusing on hospital discharge planning and engaging hospital liaisons at the BH Providers. ✓	12/31/25	

Objective 3: By 2026, raise awareness among health and social service providers about mental health to focus on meeting the needs of the whole person through four strategies. HP2030

Strategies	Timeline	Partners
Expand the number of non-behavioral health and social services providers trained in Mental Health First Aid, trauma-informed care or Question, Persuade, and Refer (QPR). ✓	12/31/25	MHRSB, Lake Area Recovery Center, Signature Health, ACCAA, Ashtabula County Educational Service Center, Community Counseling Center, HDAC, and University Hospitals
Develop training on how to administer, score, and use screening tools (e.g., ACE's, GAIN-SS, SBIRT, etc.) with tip-sheets for providers (targeting primary care) to use to reinforce person-first language, better understanding of mental health, etc.	3/31/23	
Implement trainings and circulate the tip-sheet(s) developed among providers (e.g., embedding within EHRs/EMRs, websites, and/or social media).	6/30/23	
Utilize county-wide partnerships to enhance the distribution of Mental Health and SUD Treatment Resource Manuals. ✓	8/31/23	
Provide monthly newsletters to Healthy Ashtabula County Partners that includes local resources, events and other helpful information.	2/31/25	

Ashtabula County MHRS
Stigma Workgroup
Meeting Minutes

Subject	Stigma Workgroup	Date	April 6, 2023
Chair	Kaitie H	Time	2:00-3:30
Location	MHRS Board Office & Zoom	Co-Chair	--
Attendees	In person: (Ashtabula County Community Action Agency),Lake Area Recovery Center), (Ashtabula Co. MHRS Board),(Signature Health) (Brightview Health), LEADERship Ashtabula CO.),(Ashtabula Co. MHRS Board) Virtual: (Ashtabula Co. Medical Center),(Ashtabula Co. Health Department), (Kent State Ashtabula)(Community Counseling Center)(University Hospitals- Conneaut and Geneva), (Anchor of Hope)		
Absent			

	Key Point(s) Discussed and Action Item(s)			
No.	Topic	Action Item(s)	Responsible Party	Target Date
1	Welcome	K.H started the meeting at 2:01pm. Attendees introduced themselves.		
2	Stigma Workgroup Definition/Charges	The Stigma workgroup is designed to review local stigma data and identify ways to address behavioral health stigma as outlined in the County Health Improvement Plan and the MHRS Board's Community Plan. Workgroup members will identify community needs and develop avenies to address stigma in identified areas (Healthcare, Workforce, General Community). This workgroup will work closely with the communication committee to distribute information and resources as identified. The Stigma Workgroup will meet as needed and will be absorbed into the Communication Workgroup once objectives are met.		
3	2021 Stigma Survey Review	K. H did a quick run through of the Stigma Survey that was completed in November of 2021. 241 Ashtabula County residents completed the Mental Health/Suicide Stigma Survey and 234 Ashtabula County residents completed the Substance use Stigma Survey. 2021 Stigma Survey--needs assessment.docx2021 Stigma Survey--needs assessment.docx		

4	Review CHIP Priorities (Around Anxiety and Depression)	Workgroup reviewed Implementation plan areas of focus: ✓ Form a workgroup to address causes preventing individuals from seeking care based on results from November 2021 Stigma Survey. o Develop Anti-Stigma messages/slogans/phases o Integrate messaging into promotional materials o Expand the number of non-behavioral health and social service providers trained in Mental Health First Aid, QPR, Trauma Informed Care o Develop Stigma Education for providers (Healthcare, Employers) through quick, easy to reach "tip" sheets o Distribute anti-stigma education among providers (embedding within EMR/EHR, websites and or social media.	Stigma workgroup—done. At next workgroup meeting, attendees will breakout into mini workgroups to come up with ideas on what this could look like	May 4th 2023
5	Brainstorming o Messaging o Education/training o Materials/Outreach Avenues	-K. H mentioned a guidance sheet the OU/PIRE Consortium is working on around alcohol service at community events. Based on research, 7.5% of the population considered themselves to be in recovery from substance use. That would be around 7,300 people in Ashtabula County, and we need to keep this in mind when holding events to ensure they are safe and inviting for the recovery community. Other ideas: -C mentioned that a Naloxone prescription is provided with all opiate prescriptions at UH. Workgroup members mentioned there is still stigma around harm reduction (Naloxone, Syringe Service, Medication for Opioid Use Disorder…) due to lack of education on use and legalities of distribution. J. White mentioned Brightview has some MOUD info sheets that we could use as a template. -Words Matter: There are premade charts for words matter that includes stigmatizing words to use, words to avoid and why. J. H asked about materials that suggest how people respond when hearing someone use stigmatizing language. M. B stated that a lot of Stigma reduction efforts can be based on anti-racism research and tools, along with modeling language. T. S suggested developing a short video series on modeling the use of appropriate language (acting out scenarios). K. H mentioned the development Science of Addiction and Compassion Fatigue videos that we developed a few years ago by	Ideas we will work on during the next Workgroup meeting: ▪ Campaign ideas around "Behavioral Health is Health" ▪ BH Treatment Factsheets (Including Harm Reduction) ▪ Words Matter video/info sheets	

		SALT. The information in those videos is still valid and we can continue to push that information out to the community. -We could use the slogan "Behavioral Health is Health" to develop campaign material. .	▪ Distributing Compassion Fatigue/ Science of Addiction videos	
6	Member Updates	M B announced that MAY 1st starts KSU-A's General Registration for the BSW program. J S announced that CCC is starting up their first HYBRID Recovery Breakfast on April 21st at 8:00am titled "I carry Naloxone because…" Brightview is hosting Ashtabula StreetSmart Training on April 21st (for professionals). ACDL 11am-1pm		
7	Next Meeting	**May 4, 2023 from 2:00-3:30pm**		

Obesity

Prevent Obesity and Chronic Conditions by Promoting Nutrition and Physical Activity

Consideration of social determinants of health or health inequities: The 2022 CHNA revealed that the likelihood of a variety of chronic diseases (e.g., coronary heart disease, diabetes, COPD) increased as household income decreased or as age increased. Members acknowledged that all individuals may not have equal access to information regarding how to prevent chronic disease, healthy eating and physical activity, especially among sub-populations such as children, older adults, and those with lower household incomes.

Indicator(s) to measure impact:
- % of youth who report consuming 0 servings of fruits or vegetables per day (Baseline: 12.8; 2022 CHNA)
- % of adults who did not participate in at least 60 minutes of physical activity at least once during the past 7 days (Baseline: 19.8%; 2022 CHNA)
- Ashtabula County Adult Obesity Rate (Baseline: 41.9%; 2022 CHNA)

Objective 1: By 2026, increase the percent of children ages 3-17 who eat 5 or more servings of fruits and vegetables per day by 2%.

Strategies	Timeline	Partners
Form a committee to examine policies, such as Good Food Here (from the Ohio Food and Beverage Guidelines Toolkit) and engage local resources (local farmers, 4H, etc.) to develop a program for healthy food taste testing and recipe cards in local grocery stores.	2/15/23 (committee formed) 3/31/23 (hold 1st meeting)	4H extension office, A-Tech horticulture, Master Gardner Program, Ashtabula County Educational Service Center, HDAC, and University Hospitals
Develop a community permaculture for free fruits and vegetables working with schools and community members (possibly, integrating Veggie U and community gardening in school curricula) and implementing SODEXO provided in class nutrition counseling. **CHC**	12/31/25	

Objective 2: By 2026, increase child physical activity of 5 or more days per week by 2%.

Strategies	Timeline	Partners
Develop a community wide physical activity campaign containing health promotion messages on health risks * (P)	6/1/23	Star Beacon, Gazette, ACMC, University Hospitals, Radio Stations, Ashtabula County Educational Service Center, HDAC, Ashtabula City's Dragon Empowerment Center and Right Track (after school programs)
Address school programs to increase physical activity (e.g., in the classroom, recess, or study hall periods) among middle and high schools. **HI-5**	8/31/23	
Implement walking programs in parks and walks in schools throughout the school year.	12/31/25	

Objective 3: By 2026, reduce the overall adult obesity rate of the county by 3%.

Strategies	Timeline	Partners
Create or partner with non-profit organizations to create fitness and nutritional support/educational activities for residents that include online and in-person options for exercise and healthy eating lifestyles.	2/28/23	Jefferson Village Community Center, Planet Fitness, Premier Fitness, SNAP Fitness, Ashtabula County Educational Service Center, University Hospitals, YMCA, and Andover Methodist Church
Engage local fitness centers and schools to honor a 30- or 60-day free exercise subscription to the entire community.	2/28/23	
Develop a community wide physical activity campaign containing health promotion messages on health risks (e.g., high blood pressure or high cholesterol). * (P)	3/31/23	

Ashtabula County Obesity Task Force
Meeting Minutes

Subject	Obesity Task Force Work Session	Date	06/12/2023
Chair	Jessica C	Time	14:00hrs
Location	ACHD Basement Conference Room	Co-Chair	
Attendees	ACHD; ACMC Ashtabula City HD; CCHD OSU Extension		
Absent	ACESC;Metroparks;		

No.	Topic	Action Item(s)	Responsible Party	Target Date
	New Members			
	Work Session			
1	CHIP objective 1.1	*Review nutrition websites for food source data – Between Jessica, April and Tiffany we have recipes to start posting to the public. Kelly shared CHOP CHOP magazine and MyPlate bookmark with recipes to share. *Contact OSU Extension Officen nutrition for input –waiting for resourcenvite to task force meeting *Contact OSU Ext Office ffor her school program– shared her involvement with older adults and in the schools. Currently in Buckeye, AACS, GV, PV. May be able to get into Conneaut. Jefferson does not qualify. Programs such as healthy breakfasts, rethink your drinks, physical activity, cooking demos/ taste testing of healthy foods. *Gather data & tools from ACMC Wellness Kitchen – access youtube-resources here to use- will resend *Incorporate Diabetes Promotion program resources -- Dietician wants to take part in task force, waiting to hear from or just take part in activities	April, Terri, Jessica Jay Libby Lori Lori Lori	Ongoing 6/12/2023 6/12/2023 Ongoing Ongoing Ongoing

		*Incorporate WIC resources for healthy eating and food choices – WIC is on board with assisting our efforts		
2	CHIP objective 2.1	*Creation of advertising plan/message *Use gathered data to create a food and fitness campaign *Assess food and fitness apps to weigh pros and cons for plan inclusion *My Country Neighborhood Collaborative on West Ave- Community Gardens- getting more info. Harbor Gardens contacted about possible partnership. *Local food challenge- challenging community members to only eat local foods for a set time	Obesity Team Obesity Team Obesity Team	6/30/2023 6/30/2023 6/30/2023
3	CHIP objective 2.2	*Assess current school offerings for physical fitness for students – facilities available but barriers present i.e. staffing, available gym time. *Work with Ashtabula ACS/Buckeye/Grand Valley to see if they are interested in a pilot program to introduce school fitness initiative – we need to develop a program to pitch to schools to see if they would participate to include nutrition classes, youth sports programming, (school nutrition and exercise curriculum) – Buckeye has interest already in taking part; Jessica to work on school nutrition curriculum. shared the Power Up program that involves tracking food and fitness for teens with Cronometer and EHSA Track.	Alex, Jessica Alex, Jessica	6/12/2023 Ongoing
4	CHIP objectives 3.1 & 3.3	*Designing and maintaining the food and fitness program for public consumption *Incorporate the health education portion *Contact partners for support and sharing of the program – contacted ACTS they are expensive and require us to use their advertising company. Richmond Transportation does not do advertising. We will also advertise on school bulletin boards, public hospital bulletin boards, HR boards; use QR code *Maintain the program on social media accounts – Instagram is up and running healthyashtabulacounty . The activity calendar is being put together and with help from IT will be linked to Instagram. Posts of events being done! *Exercise group internally. Allow members of health department and committee to lead exercises for a group of their peers and the community *Friday's Out (June 30th, July 28th, August 25th 5-8pm) set up table at event to promote healthy lifestyles	Obesity Task Force Obesity Task Force Obesity Task Force Jessica, Libby, Dave	Ongoing 6/30/2023 6/30/2023 Ongoing

5	CHIP objective 3.2	*Contact Metroparks for community fitness offerings – ==Metro parks has shared the health section of the kiosk with us. Is leading monthly walks and twice monthly senior walks. ACHD doing BP clinic at Malek Park 6/13/23.==	Libby	Complete
			Alex	6/12/2023
		*Contact the school districts to see if they have community fitness offerings including indoor/outdoor facilities – ==no facilities available from the schools for internal access; PV opens for a fee; Buckeye has outdoor track at Edgewood==		
			Dave, Darlene	6/12/2023
		*Contact the YMCA for any current free into promos or consideration to offer one – ==will email YMCA had previously worked with GV school and a Colebrook Silver Sneakers class==		
			Alex	6/12/2023
		*Contact the SPIRE for any current free into promos or consideration to offer one – ==no new updates==		
			Libby	6/12/2023
		*Contact Premier, Planet Fitness, Snap Gym, and The Fit for any current free into promos or consideration to offer one – ==All contacted, all have interest in participation, all will give us 1 week free trial at least, Planet fitness is free all summer for 13 to18, planet and snap want to perform health education pieces; will continue to work with scheduling free trials. Main Street Gym has RN CPT on staff who does health education with clients- Libby getting more info. North Shore Yoga and Shanti Yoga offering free/donation only classes. * Geneva has no current offerings and Williamsfield community centers has space but would need to have an outside person come in for classes etc.; Jefferson Village gym available to those who work/live in Jefferson $120/year, first class is free==		
			April, Darlene	6/12/2023
	Next Meeting			7/17/2023 11:00am
	Meeting adjourned			

Ashtabula County Obesity Task Force
Meeting Minutes

Subject	Obesity Task Force Work Session	Date	07/17/2023
Chair	Jessica C	Time	11:00AM
Location	ACHD Basement Conference Room	Co-Chair	
Attendees			
Absent			

No.	Topic	Action Item(s)	Responsible Party	Target Date
	New Members			
	Work Session			
1	CHIP objective 1.1	*Review nutrition websites for food source data –	April, Terri, Jessica	Ongoing
		*Contact OSU Extension Office in nutrition for input –	Jay	6/12/2023
		*Contact OSU Ext Office for her school program–	Libby	6/12/2023

		*Gather data & tools from ACMC Wellness Kitchen –	Lori	Ongoing
		*Incorporate Diabetes Promotion program resources –	Lori	Ongoing
		*Incorporate WIC resources for healthy eating and food choices – <mark>WIC is on board with assisting our efforts</mark>	Lori	Ongoing
2	CHIP objective 2.1	*Creation of advertising plan/message –	Obesity Team	6/30/2023
		*Use gathered data to create a food and fitness campaign –	Obesity Team	6/30/2023
		*Assess food and fitness apps to weigh pros and cons for plan inclusion –	Obesity Team	6/30/2023
		• My Country Neighborhood Collaborative on West Ave- Community Gardens • Harbor Gardens contacted about possible partnership. • Local food challenge — challenging community members to only eat local foods for a set time	Kelly	
3	CHIP objective 2.2	*Assess current school offerings for physical fitness for students –	Alex, Kenny	6/12/2023
		*Work with Ashtabula ACS/Buckeye/Grand Valley to see if they are interested in a pilot program to introduce school fitness initiative	Alex, Kenny	Ongoing

4	CHIP objectives 3.1 & 3.3	*Designing and maintaining the food and fitness program for public consumption—	Obesity Task Force	Ongoing
		*Incorporate the health education portion—	Obesity Task Force	6/30/2023
		*Contact partners for support and sharing of the program –	Obesity Task Force	6/30/2023
		*Maintain the program on social media accounts –	Jessica, Libby, Dave	Ongoing
		*Exercise group internally. Allow members of health department and committee to lead exercises for a group of their peers and the community—		
		*Friday's Out (June 30th, July 28th, August 25th 5-8pm) set up table at event to promote healthy lifestyles—		
5	CHIP objective 3.2	*Contact at the Metroparks for community fitness offerings –	Libby	Complete
		*Contact the school districts to see if they have community fitness offerings including indoor/outdoor facilities –	Alex	6/12/2023

		*Contact the YMCA for any current free into promos or consideration to offer one –	Dave, Darlene	6/12/2023
		*Contact the SPIRE for any current free into promos or consideration to offer one –	Alex	6/12/2023
		*Contact Premier, Planet Fitness, Snap Gym, and The Fit for any current free into promos or consideration to offer one –	Libby	6/12/2023
		* Geneva has no current offerings and Williamsfield community centers has space but would need to have an outside person come in for classes etc.; Jefferson Village gym available to those who work/live in Jefferson $120/year, first class is free.	April, Darlene	6/12/2023
	Next Meeting			7/17/2023 11:00am
	Meeting adjourned			

Healthy Ashtabula County Obesity Taskforce Progress Report

Strategic Priority	Goals	June 2023	Target Date
CHIP Objective 1.1	Review nutrition websites for food source data. – Jessica C, April Tr, Terri C Tiffany	Ongoing	Ongoing
	Contact OSU Extension Office for Beth in nutrition for input. – Jay B	Waiting for a response.	6/12/2023
	Contact OSU Ext Office for her school program. – Libby H	Complete	6/12/2023
	Gather data & tools from ACMC Wellness Kitchen. – Lori G	Complete	Ongoing
	Incorporate Diabetes Promotion program resources; contact Kimberly C. – Lori G Darlene Dy	Waiting for a response.	Ongoing
	Incorporate WIC resources for healthy eating and food choices. – Lori G	Complete	Ongoing
CHIP Objective 2.1	Creation of advertising plan/message. – Obesity Taskforce	Ongoing	6/30/2023
	Use gathered data to create a food and fitness campaign. – Obesity Taskforce	Ongoing	6/30/2023

	Assess food and fitness apps to weigh pros and cons for plan inclusion. – Obesity Taskforce	Ongoing	6/30/2023
	Gather information on My Country Neighborhood Collaborative on West Ave., Community Gardens and Harbor Gardens about possible partnership. – Kelly K	Ongoing	6/30/2023
	Local food challenge – challenging community members to only eat local foods for a set time. – Obesity Taskforce	Ongoing	6/30/2023
CHIP Objective 2.2	Assess current school offerings for physical fitness for students. – Alex D Kenny B	Complete	6/12/2023
	Work with Ashtabula ACS/Buckeye/Grand Valley to see if they are interested in a pilot program to introduce school fitness initiatives. – Alex D K	Ongoing	August 2023
CHIP Objective 3.1 & 3.3	Designing and maintaining the food and fitness program for public consumption. – Obesity Taskforce	Ongoing	Ongoing
	Incorporate the health education portion. – Obesity Taskforce	Ongoing	6/30/2023
	Contact partners for support and sharing of the program. – Obesity Taskforce	Ongoing	6/30/2023
	Maintain the program on social media accounts. – Jessica C, Libby H, Dave S	Ongoing	Ongoing

	Exercise group internally. Allow members of the health department and committee to lead exercises for a group of their peers and the community. – Obesity Taskforce	Ongoing	Ongoing
	Friday's Out (June 30th, July 28th, August 25th 5-8pm) set up table at event to promote healthy lifestyles – Obesity Taskforce	Ongoing	6/30,7/29,8/28/2023
CHIP Objective 3.2	Contact Metroparks for community fitness offerings. – Libby H	Complete	4/17/2023
	Contact the school districts to see if they have community fitness offerings including indoor/outdoor facilities. – Alex D	Complete	6/12/2023
	Contact the YMCA for any current free into promos or consideration to offer one. – Dave S, Darlene D	Ongoing	6/12/2023
	Contact the SPIRE for any current free into promos or consideration to offer one. – Alex D	Ongoing	6/12/2023
	Contact Premier, Planet Fitness, Snap Gym, and The Fit for any current free into promos or consideration to offer one. – April T , Darlene D	Complete	6/12/2023

Key –

· Green: On Track

· Yellow: Behind

Access to Care

Access to Care

Consideration of social determinants of health or health inequities: According to the 2022 CHNA, individuals of lower SES were more likely to experience barriers to care associated with lack of employment (and therefore, employer-based health coverage), lack of a personal vehicle to travel to/from medical appoints, and due to fear of copays or out-of-pocket costs. Individuals uninsured tended to be under the age of 65 (ineligible for Medicare). In terms of the availability of providers, geographic gaps were identified in the Southern quadrant and among specialty care providers, including labor and delivery.

Indicator(s) to measure impact:
- % of adults, ages 19-64, who are uninsured (Baseline: 10%; ACS, 1-year estimates, July 1, 2021)
- % living in a primary care health professional shortage area (Baseline: 100%; 2019 HRSA, as compiled by KFF with HPSA Primary Care Shortage area score of 8, designated as partially rural status)
- % living in a mental health professional shortage area (Baseline: 100%; 2019 HRSA, as compiled by KFF with HPSA Mental Health Shortage area score of 10 with designated rural status)

Objective 1: By 2026, conduct one collaborative assessment of access to health care in Ashtabula County.

Strategies	Timeline	Partners
Convene partners to assess access to care (including, at a minimum, primary care and behavioral health providers). (P)	1/31/23	Ashtabula County Health Department (lead) and Access to Care Committee
Host meeting(s) to identify data available on populations who lack access or experience barriers (data could be from the CHNA, surveys, ED/ER visits, etc.) and data on the availability and gaps in services (e.g. the number and geographic distribution of providers, or patient/provider ratios. (P)	3/31/23	
Collect data and host meeting(s) to draw conclusions about the causes of barriers to access to care (e.g., transportation or other social or structural determinants of health) and emerging issues (e.g., changes in the availability of services or providers, or reimbursement/insurance, legislative, or other changes) which could include conducting a SWOT/SOAR or Forces of Change Assessment.(P)	4/28/23	
Draft Access to Care Assessment Report specifically addressing access to primary care and behavioral health, which includes: An evaluation of access to care strategies implemented by gathering data directly from those experiencing barriers; populations who lack access or experience barriers; an assessment of the availability and gaps in services; conclusions drawn about the causes of barriers; and emerging issues related to access to care. (P)	6/30/23	
Review Access to Care Assessment Report findings with partners and identify 1-2 strategies that could be implemented related to achieving policy changes or additional resources to facilitate access. (P)	8/31/23	

Objective 2: By 2026, increase the percent of Ashtabula County residents who have health insurance by 2% (targeting those between the ages of 18-65). HP2030

| Strategies	Timeline	Partners
Identify under/uninsured individuals, including those who are un/under-employed and not receiving employer sponsored benefits, the Chamber of Commerce to identify the County's largest employers who do not offer health insurance, and/or small business associations to identify self-employed and un/under-employed individuals who are uninsured. (P)	10/31/23	Access to Care Committee, Chambers of Commerce, Small business associations, employers, insurance providers
Identify insurance enrollment/navigators/case managers available in Ashtabula County who are available to provide insurance enrollment assistance and eligibility criteria.	11/30/23	
Implement an educational campaign to create transparency in out of pocket, copay, and other medical expenditures that prevent individuals from not seeking care due to costs.	1/31/24	
Develop a program to integrate mobile insurance registration within EMS, targeting the Southern portion of the County.	1/31/24	

Access to healthcare

Objective 3: By 2026, implement at least two multi-sector strategies to expand access and coordination of community services available to support the needs of the whole person.

Strategies	Timeline	Partners
Identify for comparison, nurse advocate programs successfully implemented in other communities which assist with insurance enrollment, navigation, and cost transparency. ✓	12/31/23	Access to care committee, health and social service providers, 211
Meet with social service and health care providers and establish signed Memoranda of Understanding (MOUs) to link or coordinate care. The MOUs will list activities, responsibilities, scopes of work, and timelines to integrate social services and health care. ✓ ⓟ	1/31/24	
Advocate for legislation to expand affordability, coverage, or cost transparency to increase access, focusing on preventative care and barriers faced among the working poor. 📱 ⓟ	12/31/25	

Objective 4: By 2026, increase utilization of telehealth services by 15% to promote preventative care. HP2030

Strategies	Timeline	Partners
Assess telehealth options available based on insurance coverage/provider to determine if there are gaps in service eligibility or coverage. ✓	10/31/23	Access to care committee, 211, ACP, health and social service providers
Meet with insurance providers to explore options to expand telehealth service coverage. ✓	11/30/23	
Promote the Affordable Connectivity Program (ACP) by advertising in churches, senior centers, public housing, lobbies and other public places to increase broadband access among 6,800 households in Ashtabula County (targeting the Southern portion).	12/31/23	
Develop and promote a directory/tri-fold of available telehealth services and providers based on insurance provider and instructional materials to assist individuals in using telehealth services.	12/31/23	
Circulate the tri-fold and informational materials on how to access tele-health services through 211, ACP services providers and community health centers (such as, the resource center in Conneaut) by providing information to those gaining access to broadband.	12/31/25	
Host educational session(s) for individuals on how to access telehealth and record sessions to post links to Healthy Ashtabula County partner pages for community members to access for future viewing.	12/31/25	
Embed community health resource centers to conduct preliminary screenings (e.g., blood pressure, blood sugar, O2 (oxygen) levels, etc.) prior to telehealth visits with telehealth technology available to assist those without computers or who are less tech-savvy (locations include: Andover library, SCAD, community centers, etc.). ✓	12/31/25	

Ashtabula County Access to Care
Workgroup- Meeting Minutes

Subject	Quarterly Minutes	Date	04.27.23
Chair	Nichele B	Time	0900
Location	Basement, Ashtabula County Health Department	Co-Chair	
Attendees	Allie P– Ashtabula County HD, Peggy D and Christine H– Ashtabula City HD, Denise B – UH, Peggy S – Signature Health, Vince G – NAD, Bryce H- Conierge Nurse Navigators (ACHD Board of Health), Nichele B - Conneaut City Health Department		
Absent			

	Key Point(s) Discussed and Action Item(s)			
No.	Topic	Action Item(s)	Responsible Party	Target Date
1	Call to order			
2	Data available on populations with barriers to health care	Peggy D passed out RAM data and Peggy S assed out 2022 signature health Ashtabula patient data	*Peggy D* *Peggy S*	*During meeting*
3	Data on ER follow-up with PCP	ACMC and UH will provide data	*ACMC-Tina* *UH- Denise*	*05.25.23*
4	Patient survey that will be collected during clinics and appointments	Survey collected information from County residents regarding if they have a health care provider, if they have insurance, how did you get to the clinic, etc.	*Allie- ACHD* *Peggy- ACHD* *Karen- CCHD*	*05.25.23*
5	Ashtabula Access to Care Report	Will start looking at the old Access to Care Report and collect information from surveys, hospitals and ACCAA.	*Workgroup*	*05.25.23*

Other Work Session topics/discussions:

- RAM, Signature Health and ACCAA data information is attached to the meeting minutes.

- Discussion on what the survey questions should be

- Public Health needs to push the need for primary care

- Transportation issues with how large our county is

- Email to Bryce and JP regarding growth leadership and the working poor

HEALTHY ASHTABULA COUNTY

Ashtabula County Access to Care
Workgroup- Meeting Minutes

Subject	Quarterly Minutes	Date	05.25.23
Chair	Nichele B	Time	0900
Location	Basement, Ashtabula County Health Department	Co-Chair	
Attendees	Allie M and Jay B- Ashtabula County HD, Peggy D and Christine H – Ashtabula City HD, P S– Signature Health, Karen S and Nichele B- Conneaut City Health Department, Tina Stasiewski- ACMC, Jodi M- Ashatbula City Ward 4 City Council, Alex D Ashtabula County ESC		
Absent			

	Key Point(s) Discussed and Action Item(s)			
No.	Topic	Action Item(s)	Responsible Party	Target Date
1	Call to order	Introductions		
2	Data From UH and ACMC	Tina (ACMC) gave out ER data. Roughly 10,000 of the 28,000 individuals seen in the ER don't have a PCP. It is important to note that of those 10,000 visits are not necessarily 'unique patients'. Those 10,000 visits could represent 2,000 people who each came to the Emergency Department 5 times. Nichele presented UH data that was from Denise Brown, Emergency visit payor mix below: **2022 Emergency Visits** |	Conneaut	Geneva
Commercial	0.68%	0.57%
Medicaid	41.76%	33.49%
Medicare	15.48%	16.97%
Managed Care	30.95%	40.35%
Other	7.07%	4.78%
Self Pay	4.06%	3.84%
Grand Total	**100.00%**	**100.00%** | Still waiting on the ER PCP data from UH.		*During meeting*

| 3 | Data from HDAC Surveys | Ashtabula City Health Department Presented their survey results with a total of 75 participants. 14 stated that they don't have a family doctor, with 26 stating they don't see their doctor regularly.35 individuals travel under 10 minutes to get to their doctor where 2 travel over an hour. Some of the barriers that keep them from seeing their doctor are:
 Transportation- 6
 Insurance- 6
 Financial Reasons- 2
 Lack of Time-15
 Fear of Outcome- 6
 They don't need to- 18
 Others- no doctors anymore, not a fan of doctors, takes months to get an appointment, have to travel to see a specialist, snow, not sure how to set up on my own since my mom died, don't like doctors, no issues with seeing my doctor.

CCHD and ACoHD will continue surveys until next meeting. Along with Signature Health.

It was suggested at the meeting that ACMC would do the survey during their Community Connection Fairs. Instead of waiting until June's meeting it was decided to include that data from the event in theses minutes and the results are as follows: They had a total of 24 participants with 5 individuals not having a family doctor. 11 participants stated that they don't see their family doctor regularly with 10 that travel under 10 minutes to get to their doctor and 2 that travel between 30-60 minutes to see their doctor. Some barriers that keep participants from seeing their doctor are: | | *During Meeting* |

| Barrier	No PCP	Yes PCP
Transportation- 2	1	1
Insurance- 3	1	2
Financial Reasons- 5	3	2
Lack of Time- 2		2
Fear of Outcome- 1		1
They don't need to- 6	1	5
Others-3		3

4	Access to Care Report Assessment	Will develop and have a draft with start revisions for next meeting Adding a piece into the report about COVID-19 being a barrier for individuals that were already behind on their heath care and the pandemic just put them further behind. Would like to have the Report completed by September.	*Nichele- CCHD*	*6.29.23*
5	Minute Clinic	Jay Presented to the group about a telehealth minute clinic. Ashtabula County Health Department is looking into the possibility of having one in their department. ACHD is looking for a rural grant to help support this clinic.	*Discussion*	
6	Ohio Telehealth Workshop	There is an upcoming virtual workshop on June 26, 2023 o discuss the future of Ohio's Present and Future for telehealth	*Anyone that would like to attend*	*6.26.23*
7	Growth Partnership	Is working on adding community learning centers in 2 Ashtabula County Schools (Buckeye and Grand Valley) by this coming Fall	*ESC*	
8	More Data from ACMC and UH	Looking for the Number of express care/urgent care visits where the individuals have a PCP. If the PCP referred them to visit the express care/urgent care instead of having them in for an office visit	*Tina- ACMC Denise- UH*	*6.29.23*

Other Work Session topics/discussions:
- *How do we get individuals to invest in themselves*
- *Can we increase individuals to get a PCP*

Q2 CHIP Progress Survey
Priority Team Leader Responses
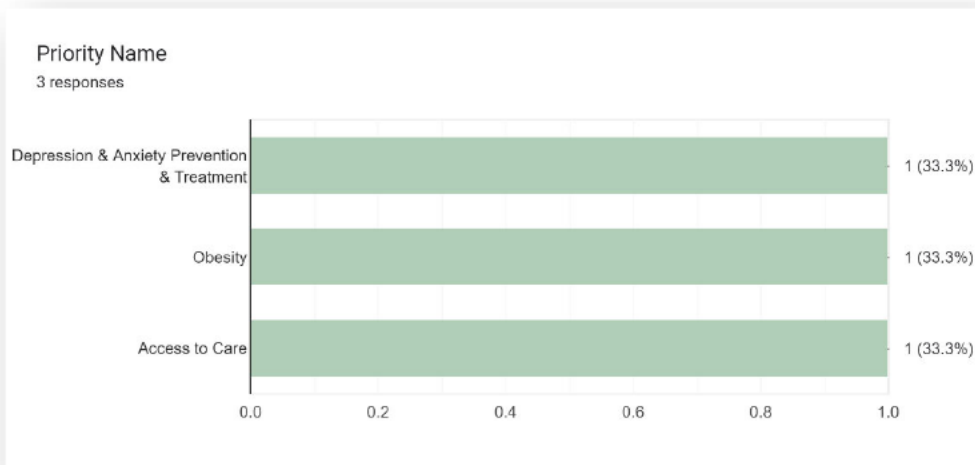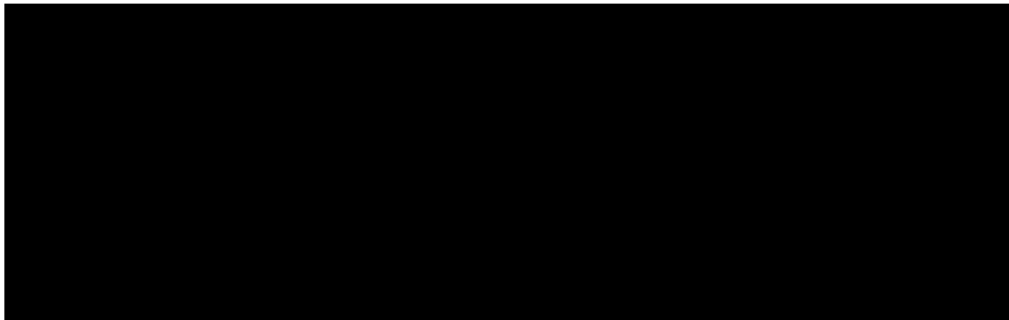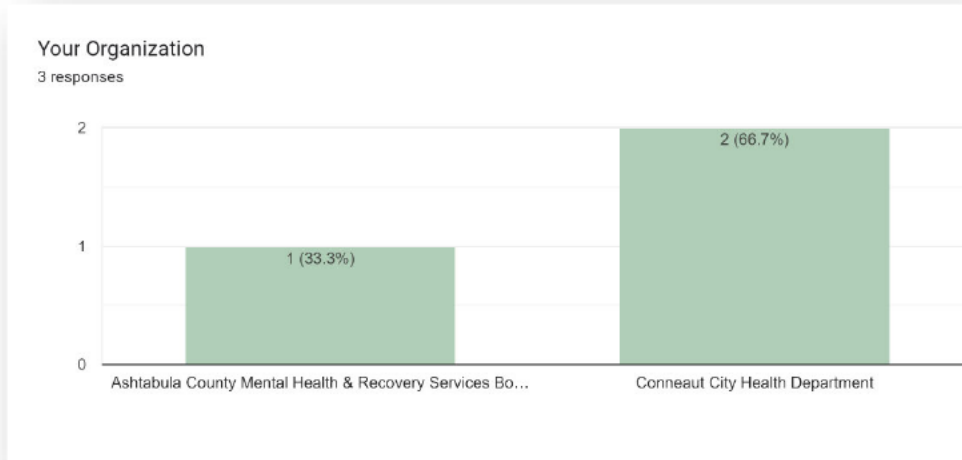
Please describe the activities planned to address the strategies you've listed.

3 responses

We are working on developing WORDS MATTER materials and campaigns: Includes a video series highlighting people in recovery who want to share their experiences on how words helped or hindered their recovery, local (recorded trainings) that could be posted for local providers on words or stigma. Discussed adding a tab to the MHRS boards webpage where all the stigma information can be housed. Also talked about developing a web-based "safe space" logo that organizations who are trauma informed/words matter educated could put on their websites. Our groups is also working on a electronic graphic that identifies pathways/roadways to wellness, indicating that health is health whether it be physical, mental, financial, spiritual... This too will be housed on the MHRS Board website with clickable pathways to provide info on local resources available.

See Chip Objectives 3.1 and 3.3.

Planning on the development of the access to care assessment report

Please describe progress and efforts made (describing services provided and activities undertaken) to date toward reaching the goals of the project. Please include which goals have been accomplished.

3 responses

We are still working on developing deliverables, but hope to have some projects completed by this fall.

Please see the progress report and latest meeting minutes.

Working on collecting data from community and ED's has been completed. Now working on Access to Care Assessment Report

What is the anticipated end date of the activity you are reporting on?

3 responses

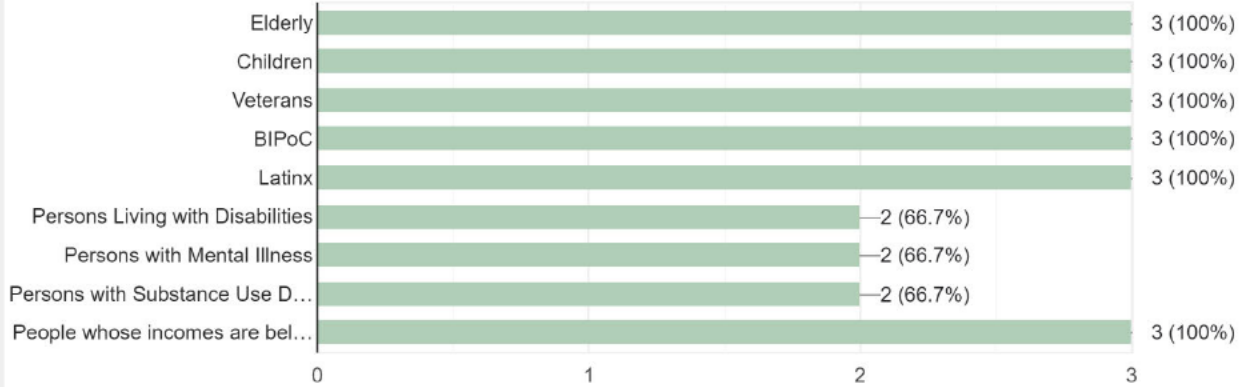| Aug 2023 | 31 |
| Sep 2023 | 29 |
| Dec 2023 | 31 |

Please give an estimate of staff or volunteer hours provided.

2 responses

4 hours (average of 7 attendees/meeting)

10-12 hours

Who are the people you serve? (Choose all that apply)

3 responses

| Category	Count
Elderly	3 (100%)
Children	3 (100%)
Veterans	3 (100%)
BIPoC	3 (100%)
Latinx	3 (100%)
Persons Living with Disabilities	2 (66.7%)
Persons with Mental Illness	2 (66.7%)
Persons with Substance Use D...	2 (66.7%)
People whose incomes are bel...	3 (100%)

Use this space to identify how progress was measured.

3 responses

Still working on deliverables

Through a spreadsheet and meeting minutes.

Progress is being measured during monthly meetings. Minutes are done and implantation of the plan is being updated as work continues.
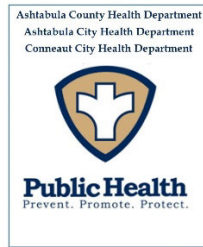
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Jefferson OH 44047
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Jay Becker, Commissioner

Ashtabula City Health Department
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For more information on the Ashtabula County Community Health Improvement Plan, contact Jennifer Cleveland, Director of Quality & Performance at jcleveland@ashtabulacountyhealth.com