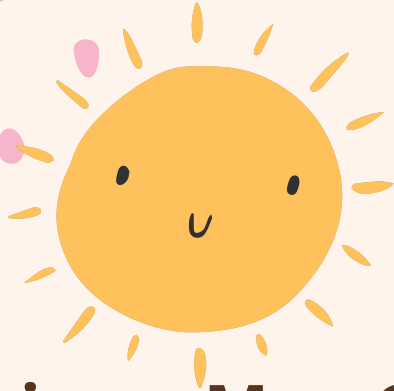


Walking Program

If you have any questions
or concerns please call
(440)-576-6010 Option 2



Join us May-October (weather permitting) for an hour of walking through Jefferson- We will start at Giddings Park! Every Tuesday at 9 am! All are welcome- Children must be accompanied by an adult. It is free!

Please visit <https://www.cdc.gov/physical-activity-basics/health-benefits/adults.html> for benefits of physical activity

