



Free Diabetes Education Programs

Please join University Hospitals Conneaut and Geneva medical centers for a free diabetes education program.

You will learn about lifestyle strategies to prevent and manage this disease through nutrition, exercise and weight management, and the many treatment options now available. More than 21 million Americans have diabetes. Armed with the most complete and current information, people with diabetes can live long, healthy, happy lives.

UH Community Outreach offers individual counseling, group classes and nutrition and meal preparation demonstrations.

For more information, please contact Lori Ann Slimmer, RN, MEd, CDE, at **440-998-0680** or Kellie McGinnis, RN, at **440-593-0364**.



University Hospitals
Conneaut Medical Center
Geneva Medical Center

440-593-1131 | UHConneaut.org

158 West Main Road
Conneaut, Ohio 44030

440-466-1141 | UHGeneva.org

870 West Main Street
Geneva, Ohio 44041