

Ashtabula County Health Department 12 West Jefferson Street Jefferson, Ohio 44047



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FOR IMMEDIATE RELEASE

CONFIRMED MEASLES CASE IN ASHTABULA COUNTY

On March 19, 2025, a laboratory-confirmed case of measles was identified in an adult Ashtabula County resident. The case has completed their isolation period. The Ohio Department of Health is working with the Ashtabula County Health Department to follow up on potential exposures and promote opportunities for vaccination. Public Health is working with the individual and their healthcare provider to identify contacts. The contacts will be notified by Ashtabula County Health Department and provided guidance on quarantining.

Measles is a highly contagious virus. Individuals infected with measles can spread it to others, even before they have symptoms. The measles virus can live for up to two hours in the air after an infected person leaves the room. Symptoms usually appear 7-14 days after a person comes in contact with the virus, but it can take as long as 21 days for symptoms to appear.

Symptoms of measles can include high fever, cough, runny nose, watery eyes, and a rash beginning 3-5 days after other symptoms occur. Measles can be serious, and about 1 in 5 people who get measles will be hospitalized with complications such as pneumonia, dehydration, or brain swelling.

The Centers for Disease Control and Prevention recommends all children get two doses of measles, mumps and rubella (MMR) vaccine, starting with the first dose at 12 through 15 months of age and the second dose at 4 through 6 years of age. Anyone traveling internationally should be fully vaccinated before traveling. Infants 6-11 months old should get one dose of the MMR vaccine before travel, then should receive two additional doses after their first birthday. Older children, adolescents, and adults should receive one or two doses of MMR vaccine if they do not have evidence of immunity. If you have received two doses of the MMR vaccine, your chances of getting measles are very low. After two doses, the vaccine is 97% effective at preventing measles.

If you are unvaccinated, or do not know if you are vaccinated, talk to your healthcare provider about vaccination. The MMR vaccine is safe and effective with hundreds of millions of doses given. For information on clinics held by the Ashtabula County Health Department, call Ashtabula County Health Department at (440)576-6010 option 2 for Nursing.

Ashtabula County Health Department does not routinely provide testing or treatment for measles. If you have symptoms, stay home, avoid contact with others, and call your healthcare provider. Please do not show up in the waiting room without contacting the staff first in case you are contagious.

For more information and updates, visit the Ashtabula County Health Department web site at: <u>https://ashtabulacountyhealth.com</u>. For more information about measles, visit <u>https://www.cdc.gov/measles/</u>